

Calgary Council Addiction and Mental Health

Meeting Minutes:

Date: May 5, 2017

Time: 9:00 – 12:00



Calgary Council for
Addiction and Mental Health

No.	Item	Discussion
1.	Welcome and introductions; Callum Ross	<ul style="list-style-type: none"> The members each introduced themselves and their organization. Several hand outs were given out including: 'Why Collaboration is valuable if you are skeptical; Gap map created for meeting with Brandi Payne, Collaboration collage of CCAMH.
2.	Council Activities Update; Callum Ross	<ul style="list-style-type: none"> Callum briefed the members on their recent meeting with Brandi Payne covering: How CCAMH supports Valuing Mental Health report, suggestions on ways CCAMH can support government. Suggested a Rapid Response Committee (formed from CCAMH members) could meet through the summer to develop action orientated recommendations on "Women's Mental Health Issues and Gaps" by September. A sign-up sheet to join this Committee was circulated. The group will meet 4 times through the summer. Advise Callum Ross if you would like to participate. As part of Valuing Mental Health, the government awarded \$1.5M over three years to CCAMH, Edmonton Community Mental Health Action Plan and the 211 Provincial Steering Committee. CCAMH has been task to use a part of these funds to build a business case best on our strategic action plan goals: advocacy, funding and outcomes. Please sign up to join the Business Plan Steering Group for this which will require only a couple meetings between now and end of the year. Contact Callum to sign up. The June CCAMH meeting is cancelled due to conflict with the Valuing Mental Health meeting. The group is planning at breakfast meet and greet on July 17th 7.45am to 9.30am at the Kahanoff Centre to give an update to members and a back to a full meeting in the fall.

3.	Presentation – Calgary Coalition on Supervised Consumption; Leslie Hill	<ul style="list-style-type: none"> • ACCH – Alberta Community Council on HIS is funded provincially by AHS Harm Reduction Committee. • Goal of Harm reduction is to mitigate the risks, not condone but acknowledge risky behavior. • Aim to reduce the misconceptions and provide evidence based and cost effective safe consumption sites. Programs reduce spread of HIV. • Supervised consumption services provide safe, supervised injection sites. Other services and care are available at the sites. InSite is the largest organization in Canada and has had good results since opening in 2003. • Benefits to individuals – connection to care and services. Benefits to Community – safer communities and decreased crime. • AHS funds Calgary Coalition on Supervised Consumption, a multidisciplinary coalition for assessment, program development and implementation. • CCAMH members can assist by joining the coalition. Spread the word re completing the one hour survey. A needs assessment will be developed and on completion there will be community engagement.
4.	Introduction to Group Work; Callum Ross	<ul style="list-style-type: none"> • The 4 groups were asked to work together to create change statements: what do we want to change, increase or decrease, by when and by how much. • Information will be collated and members will receive it at the next meeting
5.	Working Groups Breakout – Getting to a change statement; Committee Leaders	<ul style="list-style-type: none"> • Table discussion on the change statements developed.
6.	BREAK	
7.	Presentation – AHS Youth Addiction Services, Health Promotion; Cheryl Houtekamer	<ul style="list-style-type: none"> • Community Health Promotion Services, includes both inpatient and community based services. • Mandate: Assist communities to prevent, delay and reduce the harms associated with youth substance use, problem gambling/gaming and mental health issues. • Provide support to schools and other local stakeholders with the goal of increasing protective factors and decreasing risk factors for individuals, families and communities.

		<ul style="list-style-type: none"> • Training and workshops in Mental Health Literacy. Heart Math, substances of abuse, teen brain development etc. Prevention, promotion through to maintenance. • Based on Resilience Theory – acknowledge risk factors while working toward protective factors.
8.	Report back to larger group; Committee Leaders	<ul style="list-style-type: none"> • Groups reported back on their group activity.
9.	Feedback and close; Callum Ross	<ul style="list-style-type: none"> • .

Current Executive Committee Members: Kim Turgeon, Callum Ross, Jerilyn Dresser, Laureen MacNeil, Capri Rasmussen. Membership is open to more any CCAMH member.

ACTION ITEMS

Item	Responsible	Date	Status
Simple Website Launch	Kim Turgeon	Fall 2016	Completed
Feedback Submission on Valuing Mental Health to AB Health	All members (Callum Ross)	Jul 10 th 2016	Completed
Grant Ask to the United Way for Operating/Collaboration Resources	CMHA Calgary	Jul 29 th 2016	Completed
Executive to meet to complete draft work plans based on feedback and strategic plan	CCAMH Executive	Nov 15 th 2016	Ongoing
Sharing promotional materials with networks	All members	2017	Ongoing

Next Meeting: May 5, 2017 9am-12noon

Thank you to the Calgary Dream Centre for space over many years for the Addiction Sector and now the CCAMH.