

Calgary Council Addiction and Mental Health

Meeting Minutes:

Date: October 3, 2017

Time: 09:00 – 12:00

Location:

Calgary Dream Centre



Calgary Council for
Addiction and Mental Health

No.	Item	Discussion
1.	Welcome and Introductions; Callum and Kim	<ul style="list-style-type: none"> Each guest introduced themselves and gave a brief overview of their summer activities.
2.	Council Update; Callum Ross	<ul style="list-style-type: none"> The CCAMH website is now 'googleable' and can be found at calgaryaddictionandmentalhealth.ca Callum review the various tabs and what can be found on each. He encouraged members to review and share with their organization. 57 members currently. Training – Provides information on free provincially sanctioned training that is available. Resources – Contains past minutes, documents and presentations from meetings as well as our Strategic Plan. Site is public and requires on sign in. Photos of members taken at the previous meeting will go on home page with no names attached.
3.	Valuing Mental Health Project; Callum and David Rust	<ul style="list-style-type: none"> Valuing Mental Health is providing a total of \$1.5M in funding for various projects throughout the province. Most funding is directed to the expansion of 211 across Alberta. Also funding for education and prevention, which is being led by Edmonton. Calgary area is tasked with developing a business plan. Review the Valuing Mental Health report and use within your organizations. How does the work at your agency fit into the plan. Your agency may already fill some of the gaps they have identified. Can be found at http://www.health.alberta.ca/documents/Alberta-Mental-Health-Review-2015.pdf A working group to develop the business plan has been formed. From the business plan we will map resources available and identify partnerships available to all of this group to expand services. Discussion on 'How do we group services and referral patterns?' Use our website? Use as a resource for frontline staff to refer – partition by addiction and mental health? Use website as a hub. How to measure and show impact in the community – showcase this to the decision makers. Collective planning day? Build something that is helpful to all of our members. Not just another report. Beyond the services being provided by our organizations, but also the projects and grants we are involved with – create more partnerships. Identify local issues and create a plan to solve – collective ownership of the issues. Use funders as partners – bring areas where improvement is needed and happening already.

		<ul style="list-style-type: none"> • Better access at the PCN level. How to get them to refer to our services. .
4.	Member Presentation – Simon House Recovery House; Trevor	<ul style="list-style-type: none"> • Started in Calgary in the mid 70’s by a Franciscan monk by the name of Bernard Barry. Purchased their first property in Bowness in 1982 and became registered as a Society in 1985. • Continue to work from the same location today and now own 4 buildings. • Simon House provides a 12 week residential addiction treatment program for men, and transitional housing while return to work. Aventa and Alcove provide similar services for women. • They collaborate within the community and have many working partnerships. AHS ODP Clinic refer to them for residential care and they refer back to AHS as well. • Take in Drug Treatment Court referrals. • Look to partner with Continuing Connections – staff to refer to other members of CCAMH. • Recently spotlighted on CTV news re their work with Just Junk, a partnership who hire their men when they have completed their treatment. • Looking for other community connections. • Education and advocacy focus, present at CBE schools. Their clients contribute to the community. • Most clients’ are multi substance use and dependency. • Simon House staff are graduates and previous residents who have been trained. • Partner with Bowness Sr. Centre for use of facilities in turn for services provided to them such as landscaping etc.
5.	Rapid Response Committee – Women’s Mental Health Report; Callum	<ul style="list-style-type: none"> • Draft Report - Rapid Response Committee to Women’s Mental Health Services was circulated. • Page 5- recommendations are: • Adopting a system approach that starts at prevention; • Person-centered experiential education; • Development of policy (service provider and provincial) that focuses on encouraging the further development of protective factors for women and their mental health; and • Family accessibility for services delivered by CCAMH members. • Members are encouraged to take away and review. • Report is to be sent to Brandi Payne as follow up to meeting in spring.
6.	Committee Breakout Introduction:	<ul style="list-style-type: none"> • A group activity was introduced. Each table (group) was provided a profile of an individual who would be relevant to their group work. Group discussion as to what we can do to assist this profile.

	Experience Mapping; Callum	
7.	Committee Breakouts	<ul style="list-style-type: none"> • Small group discussion
8.	Committee Report Back on Discussions	<ul style="list-style-type: none"> • Laureen (Advocacy and Funding) Group – Seema: Suggested formation of a Rapid Impact and Issue Team. A group of mentors from the CCAMH group who would support, provide ideas and recommendations. It was noted that a monetary value be provided to the agencies for this support. • Mara Group (Prevention) – Gavin: The group felt a need for crisis intervention for this athletic group to provide an opportunity to stabilize them. A crisis and prevention team on both suicide and suicide prevention. Possibly add a Community Helper to build capacity in the coaches and leaders going forward. Low cost, high impact. • Jerilyn (Navigation) Group – Maria: Discussed the need for culturally appropriate supports and where these can be found within each of our member organizations. Members want ability to refer to each other. • Capri (Training) Group - : Suggest creation of a diploma program on addiction. A one day open house on mental health and addiction for students. Option for staff to attend as well to learn about other agencies. A workshop on 'how to build peer support networks within your organization.
9.	Questions and Close	<ul style="list-style-type: none"> • Minutes will be posted on the CCAMH website.

Current Executive Committee Members: Kim Turgeon, Callum Ross, Joan Roy, Jody Wolfe, Laureen MacNeil, Capri Rasmussen. Membership is open to more CCAMH members.

ACTION ITEMS

Item	Responsible	Date	Status
Executive to meet to complete draft work plans based on feedback and strategic plan	CCAMH Executive	Nov 15 th 2016	Ongoing
Sharing promotional materials with networks	All members	2017	Ongoing

Next Meeting: December 19, 2017 9am-12noon

Thank you to the Calgary Dream Centre for space over many years for the Addiction Sector and now the CCAMH.