

Calgary Council Addiction and Mental Health

Meeting Minutes:



**Calgary Council for
Addiction and Mental Health**

Date: 2016-06-14

Time: 9:00 – 12:00

No.	Item	Discussion
(1)	Welcome and introductions	<p><u>Introduction by Callum</u></p> <ul style="list-style-type: none"> • Brief description of the agenda • Capri - chair for collaboration • Jody - chair for prevention and education • Laureen - chair for fundraising and advocation • Joan – chair for system navigation
(2)	Collective Impact	<ul style="list-style-type: none"> • Have shared goals and vision • How these goals and visions relate to the activities being done
(3)	Distress Centre	<p><u>Presentation by Joan</u></p> <ul style="list-style-type: none"> • Gave an introduction on the organization • Their role is to provide crisis services and 211 <p><u>Crisis</u></p> <ul style="list-style-type: none"> • Mainly through phone calls and chats • Provides integration between 211, 911 and health link • In partnerships with other organizations such as SSRT, CRT, AHS, Seniors connect and CCASA • Such organizations come together to help the wellbeing of the community <p><u>How Crisis Helps</u></p> <ul style="list-style-type: none"> • Provide Telephone intervention in which they do a risk assessment, establish rapport, identify

		<p>problems, explore feelings, generate options, action plan and follow up</p> <ul style="list-style-type: none"> • Provide connecting support which involves counselling, community referrals, direct connections to seven mobile crisis teams <p><u>211</u></p> <ul style="list-style-type: none"> • Provide United wat services across North America • Goal is to have 211 across the Alberta province • It is an accredited service • Provides services such as Referrals to community, government and social services, advocacy and follow up which these are the four common in system navigation. Also provided services are unmet needs and disaster response <p><u>Data Collected</u></p> <ul style="list-style-type: none"> • In the year 2015 Crisis had over 70000 phone calls • In the year 2015 211 had over 20000 phone calls • Since 2004 the counselling program has had a 20% increase • There is about 20-30% repeat callers
(4)	Introductions from the committee chairs	<p><u>Funding chair – Laureen (Callum Supporting)</u></p> <p><u>Topics to be discussed</u></p> <ul style="list-style-type: none"> • Funding ideas • Information required for bigger and better asks and the information needed • The percentage of spending <p><u>Training and Collaboration – Capri</u></p> <p><u>Topics to be discussed</u></p> <ul style="list-style-type: none"> • Collaboration of the committee

		<ul style="list-style-type: none"> • Integration of shared clients and services <p><u>Prevention and Education – Jody</u></p> <p><u>Topics to be discussed</u></p> <ul style="list-style-type: none"> • Prevention and education • Conversation about the gap in understanding • Benefits of a collective approach <p><u>Navigation Chair – Joan</u></p> <p><u>Topics to be discussed</u></p> <ul style="list-style-type: none"> • Goal is to understand what each organization will do towards system navigation
(5)	Report back to larger group	<p><u>Capri</u></p> <ul style="list-style-type: none"> • Identified training initiatives • Collaboration to serve clients • Provide good referrals • Increase in outcomes conversations and better understanding of shared outcomes <p><u>Jody</u></p> <ul style="list-style-type: none"> • Discussed more concerning issues regarding the prevention needed • What kind of demographics to target • For youth to be able to be open about the conversation • Create opportunities in workplaces • Seniors and service providers to be open about the conversation • Everyone to be able to talk about addiction and mental health • Reduce the stigma associated with addiction and mental health

Next Steps

- There are a lot of opportunities to be able to map out where actions are taking place
- Increase in communication between organizations

Joan

- Discussed what organizations do in terms of system navigation
- The directories and tools used

Next Steps

- To get a student to do environmental scanning
- Identify areas with gaps
- Identify where to add additional resources
- Information sharing (identify what to share and what not to share)
- Be able to work together

Laureen (Callum Supporting)

- Focus on the outcomes and policy
- The outcomes and impacts
- The opportunity costs
- How to get funding from a non-biased party
- Return on investment on the community
- Sector report cards showing what is being done, how it is done and the outcomes
- Have a separate fiscal agency
- Difficulty in the increase of the spending percentage
- Have better and usable information to be given to the government
- Create networking opportunities

(6)	Close	Vote of thanks by Kim
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ACTION ITEMS

Item	Responsible	Date	Status
<ul style="list-style-type: none"> Simple Website Launch 	<ul style="list-style-type: none"> Kim Turgeon 	Fall 2016	Ongoing
<ul style="list-style-type: none"> Feedback Submission on Valuing Mental Health to AB Health 	<ul style="list-style-type: none"> All members (Callum Ross) 	July 10 th 2016	Ongoing
<ul style="list-style-type: none"> Grant Ask to the United Way for Operating/Collaboration Resources 	<ul style="list-style-type: none"> CMHA Calgary 	July 29 th 2016	Ongoing

Next Meeting September 20th 2016 9-12

Thank you to the Calgary Dream Centre for space over many years for the Addiction Sector and now the CCAMH.