

## Calgary Council Addiction and Mental Health

### Committee Meeting Minutes

Date: Tuesday, Sep 15, 2015      Time: 9:30 – 11:30am      Location: Innovate Calgary

Regrets: Diane Nielson, Lauren MacNeil

Attendees: Jerilyn Dressler, Holly Crone, Gary Carmichael, Jim Moore, Stacey Whitman, Kim Busch, Trevor Loria, Callum Ross, Kim Turgeon, Bruce Holstead, Eve McMillan, Arla Liska, Yared Belayneh, Susan McLean, Dianne Johns, Sonya Peel, Mark Olson, Patti Fisher, Bob Unsworth, Bev Thompson, Capri Rasmussen, David Maclean, Gail Coates, Frank Kelton, Joe Mastromattei, Pat Nixon

No.	Item	Discussion
(1)	Opening remarks and introductions	<ul style="list-style-type: none"><li>• Opening up the conversation of mental health and addiction</li><li>• Working from recommendations of recent past reports</li><li>• Maintain the momentum in the sector</li><li>• Want to activate on recurring themes and unanimous support for one collaborative AMH</li><li>• April: Addictions met to repurpose ourselves; invited contacts in MH sector; June: Met with United Way facilitator; create charter, key objectives and apply for paid admin support</li></ul>
(2)	Backgrounder (review of key outputs from June Forum)	<ul style="list-style-type: none"><li>• Consultation document review see attachment</li></ul>
(3)	Best Practices- Calgary Domestic Violence Collective	<ul style="list-style-type: none"><li>• Met with facilitators of Calgary Domestic Violence collaboration; together for past 30 years</li><li>• Focus on client delivery services, not agency focus</li><li>• Collective voice promoted; no individual agency reports</li><li>• Use open space leadership driven model</li><li>• Consensus based decision model</li><li>• Prioritize actionable issues</li><li>• Underpinning element of collaboration is trust</li></ul>

(4)	Resolution to create the new council	<ul style="list-style-type: none"> <li>• Investigate and discuss structures for the creation of the Calgary Council for AMH Services (CCAMH)</li> <li>• Structure is key to the success; lost direction and focus at the end of the Addictions meetings</li> <li>• Focus on new work, not what has been done previously</li> <li>• Leadership is at this table to move forward and get work done</li> <li>• Dual leadership from addiction and mental health is needed</li> <li>• Need a shared policy direction</li> <li>• Must learn from each other successes</li> <li>• Recognize that bridging addictions and mental health is unique, ground breaking work</li> <li>• Suggestion of an intensive training for the whole group prior to getting going; ensure everyone is on the same page of addictions and mental health definitions and to build trust within the group</li> </ul> <p><b>RESOLUTION</b>          “We motion that the Calgary Council for Addiction and Mental Health be created as of this date Sept 15<sup>th</sup>, 2015” <i>Holly C (Keys to Recovery) Seconded – All members in favour</i></p>
(5)	Terms of reference: a. Organizational Structure discussion  b. Applicable Motion (s)	<ul style="list-style-type: none"> <li>• Ensuring the group works on actionable issues promotes an environment of progress and accomplishment; if it is just meetings things will not move forward</li> <li>• Alberta Human Rights Commissioner and MLA have given support for this group</li> <li>• Open up participation wider with a focus on mental health</li> <li>• How has the list of agencies represented been identified and created? Some people are missing; a future inquiry is needed and signing of the letter of intent</li> <li>• Funders perspective will need to start organically; a structure that lends to some sort of progress</li> <li>• Find out more about Mental Health participation; will need a recruitment process when people understand who we are and ensure that it is open</li> </ul>

- Need a short list of things needed to be accomplished by the end of the year to maintain momentum and focus
- Idea of co-chairs; accountability; steering committee; “why are we meeting” what is the purpose; what are we there to accomplish; why and how. The purpose is a key piece
- Important to include adolescents
- Utilize language of “person centered” rather than “patient centered”
- Discussion on youth, seniors and scope of the committee paying special attention to vulnerable groups
- The Council should work to address fragmentation in the sector by working together
- Defining “holistic” and what the committee is concerned about is important
- The work should be about all Albertan’s wellbeing
- Interim facilitation is important
- Suggestion of interim co-chairs for 90 days;

**Motion (amended)**

“Nomination of two interim co-chairs one from Addiction and one from Mental Health to work with a committee of a communications director and secretary to move council forward; to be revisited in 90 days.”

*Arla L (Calgary Drug Court) – Seconded All members in favour*

Proposed Actions for the committee:

- Find admin support;
- Create terms of reference;
- Have a planning day

		<ul style="list-style-type: none"> <li>• Suggestion of a consultant so there is a decent end product; may need to apply for funding for this or each agency could put in money to get the project off and running;</li> <li>• Member recruitment;</li> <li>• Creation of a charter;</li> <li>• Bylaw creation;</li> <li>• Allow sector chairs to recruit and create a committee</li> </ul> <p>Calls for nominations of Co-Chairs:  <b>Election of Co-Chairs</b>  Addiction Co-Chair: Kim Turgeon – <i>Nominated by Eve M, Seconded by Jim M - All members in favour</i>  Mental Health Co-Chair: Callum Ross – <i>Nominated by Patti F, Seconded by Trevor L - All members in favour</i>  Mark Olson – Communications Director, volunteered and accepted  Eve McMillan – Secretary, volunteered and accepted</p>
(6)	Creation of statement of purpose and anticipated outcomes	<p>Clarification of Committee Action Items:</p> <ol style="list-style-type: none"> <li>1. Terms of reference draft</li> <li>2. Planning day- between two we have knowledge of sectors- (1<sup>st</sup> priority) then send out to see who is missing;</li> <li>3. Small scale communications including what happened today; scattered approach</li> <li>4. Very draft set of bylaws</li> </ol>
(7)	Questions and Other business	<ul style="list-style-type: none"> <li>• Thank you for those stepping forward to do this work</li> <li>• Fill in mental health review questionnaires online</li> <li>• Yoga and recovery event; Bowness Seniors Centre</li> </ul>
(8)	Adjournment	<ul style="list-style-type: none"> <li>• Seconded by Holly Crone (Keys to Recovery)</li> </ul>
(9)	Next meeting	<ul style="list-style-type: none"> <li>• TBD</li> </ul>

Action Items

Item	Responsible	Date
Terms of reference draft	Callum Ross Kim Turgeon	December 15, 2015
Planning day- between two we have knowledge of sectors- (1st priority) then send out to see who is missing	Callum Ross Kim Turgeon	December 15, 2015
Small scale communications including what happened today; scattered approach	Callum Ross Kim Turgeon	December 15, 2015
Draft set of bylaws	Callum Ross Kim Turgeon	December 15, 2015