

Calgary Council Addiction and Mental Health

Meeting Minutes:

Date: November 15, 2016

Time: 10:00 – 12:00



Calgary Council for
Addiction and Mental Health

No.	Item	Discussion
1.	Welcome and introductions	<p><u>Introduction by Kim</u></p> <ul style="list-style-type: none"> Brief description of the agenda and activities for the meeting
2.	Agency Highlight	<p><u>Calgary Scope Society Agency Highlight, Daryn Hunt and Lesli Peddie</u></p> <ul style="list-style-type: none"> An Overview of the Organization was given. Services include: <ul style="list-style-type: none"> Services for individuals Age 1-18 and their families. <ul style="list-style-type: none"> OUTREACH - in home supports for families raising children with developmental disabilities SKIP - Social Knowledge In Practice focuses on social skills development for teens in Gr. 7-12 that have been diagnosed with a developmental disability GATEWAYS - connecting families to resources and services in the community TRIPLE P - curriculum based family support strategy designed to help parents. Services for Adults Age 18+ <ul style="list-style-type: none"> COMMUNITY SUPPORT - community based services to adults with dual diagnosis (developmental disability & accompanying mental health diagnosis) DEAF/BLIND - provides highly specialized supports to deaf/blind individuals who require behavioral & mental health services COUNSELLING - free counselling services to adults with developmental disabilities TIPS - supports persons 18 and over with a developmental disability ASK - focuses on social skills for adults diagnosed with developmental a disability Services for Senior Citizens <ul style="list-style-type: none"> Journeys supports older adults and seniors with developmental disabilities and mental health diagnosis. Community Development Services

		<ul style="list-style-type: none"> • The Disability Action Hall started in 1998 and is comprised of adults with disabilities and allies who meet once per week to share stories and work on issues of social justice together. • Partnerships and Collaborations: AHS, PDD, ACDA, Home Space, Community Clinics and UoC, MRU, Bow Valley College, City of Calgary – CPS/EMS, Premiers Council, South Advocacy Federation, Disability Action Hall
3.	Edmonton Mental Health Community Action Plan	<ul style="list-style-type: none"> • Sarah Parkison provided an overview of the Edmonton Mental Health Community Action Plan. The Plan aligns well with the goals and findings of CCAMH. Hard copies of the plan were circulated and an electronic version can be found at: https://www.edmontonsocialplanning.ca/index.php/resources/research-links/287-community-mental-health-action-plan-2016 • History of the Plan: Started 2014 to re-imagine the mental health system in Edmonton • Funding was achieved and the work was completed with the assistance of a consultant <i>Dave Rust</i> • Areas of focus: System integration, service delivery and evidence foundation. • The team is happy to share the process of this plan development with CCAMH, to collaborate and find areas to work together. <i>Edmonton group has less involvement of Addiction services organizations</i>
4.	Council Activities Update	<ul style="list-style-type: none"> • Colleen Boyer from CMHA Calgary has now joined the group to provide administrative support and meeting planning logistics.
5.	Workplan Activity	<ul style="list-style-type: none"> • See workplans

Current Executive Committee Members: Kim Turgeon, Callum Ross, Joan Roy, Jody Wolfe, Lauren MacNeil, Capri Rasmussen. Membership is open to more any CCAMH member.

ACTION ITEMS

Item	Responsible	Date	Status
Simple Website Launch	Kim Turgeon	Fall 2016	Completed
Feedback Submission on Valuing Mental Health to AB Health	All members (Callum Ross)	Jul 10 th 2016	Completed
Grant Ask to the United Way for Operating/Collaboration Resources	CMHA Calgary	Jul 29 th 2016	Completed
Executive to meet to complete draft work plans based on feedback and strategic plan	CCAMH Executive	Nov 15 th 2016	Ongoing
Sharing promotional materials with networks	All members	2017	Ongoing

Next Meeting: Feb 17th 2017 9am-12noon

Member presentations will be made by AHS and Potential Place

Thank you to the Calgary Dream Centre for space over many years for the Addiction Sector and now the CCAMH.