

Calgary Council Addiction and Mental Health

Meeting Minutes:

Date: February 17, 2017

Time: 10:00 – 12:00



Calgary Council for
Addiction and Mental Health

No.	Item	Discussion
1.	Welcome and introductions	<p><u>Introduction by Kim</u></p> <ul style="list-style-type: none"> Brief description of the agenda and activities for the meeting. New members Frank Katonie, Kerry Greenaway, Sorina Seliva and Tim Osborne were introduced. We are expecting Associate Minister of Health Brandy Payne at our next meeting May 5th.
2.	Council Activities Update	<ul style="list-style-type: none"> Callum gave an overview of activities that have transpired since the last meeting in November 2016. The workplans developed by the group, in partnership with our Edmonton counterpart, have been used to develop a proposal to Alberta Health to support our suggested actions. We have also been asked by the Institute of Health Economics to provide joint training which will provide common standards of training across the sector. We should receive confirmation in the near future. There will be further updates from the Mental Health Advisory Council meetings in April. We would also like to acknowledge the United Way Calgary for their support of CCAMH for administrative assistance and website development.
3.	CCAMH Website	<ul style="list-style-type: none"> Diane ? gave an overview of our recently launched website. This can be found at: www.calgaryaddictionandmentalhealth.ca. Content for the “Training” tab is in development. Plans are to include Council Minutes along with Terms of Reference and our Strategic Plan. Invite members to add link from their websites to CCAMH. Suggestions: Add ‘Impact’ video to home page – About Us; add Community training opportunities; add media contacts

4.	Agency Highlight: AHS Adult Mental Health	<ul style="list-style-type: none"> • <u>Presentation by Kerry Greenaway, Cheryl Gardner and Monica MacKinnon</u> • Teams in place and partnerships: Addictions and Mental Health Community Crisis Response and Outreach team, PACT and District PACY, Mobine Response Team (MRT), Distress Centre, Urgent Mental Health and CMHA Street Outreach team (SOS), indigenous mental health and SORCe. • Addictions and Mental Health and Community Treatment Orders: Regional Housing with CMHA (Hamilton and Roberts House – post discharge housing. Regional Housing and Calgary Homeless Foundation and HomeSpace (BOSH) – partner in 2 buildings. All have AHS nurse and outreach workers who work together to support the tenants. Tenants must be homeless and have a mental health diagnosis. CTO's and the Alex Pathways – a working relationship to help with connections to hospital as needed. • Community Geriatric Mental Health Partnerships: Kerby Pathway to Community (Kerby Seniors Centre and AHS – short term housing providing mh support and skill building for independence to older adults with mh concerns; transition from acute care to sustainable housing in the community. Senior Collaborative Community Outreach Team (SCCOT) Trinity, Carya, Alex Health Centre and AHS – collaborative wrap around care approach in the East Village. Proactive outreach, to ensure maintain housing. Continuing Connections (CMHA and AHS) – MH and community connection support to clients under 65, living in 5 long term care centres, Bethany, Cedars Villa, Fanning, Garrison Green and Glamorgan.
5.	Independent Contributions	<ul style="list-style-type: none"> • Members worked individually to fill out 'My Month' activity – complete with drawings. Included: What Frustrated me; What worried me; What excited me and completing a 'Belonging Meter'. Actions were captured following the group activity which followed.
6.	Working Groups Break Out	<ul style="list-style-type: none"> • Building of To Do Lists
7.	BREAK	
8.	Agency Highlight: Potential Place And Guest – Tim Osborne: Valuing Mental Health	<ul style="list-style-type: none"> • <u>Presentation by Frank Kelton with staff members Andrea, Alison and Michael</u> • The group gave an overview of the history of Clubhouses, started in New York in 1948 with now over 300 Clubhouse operations in place. Calgary Clubhouse operation has been open for 27 years and has over 1800 members. The purpose is to assist clients to integrate into the Community, maintain wellness, participate in programming, attain life goals and maintain mental wellness. This contributes to self worth and self esteem. • All CCAMH members are invited to visit Potential Place for a short presentation.

		<ul style="list-style-type: none"> • Units include: Community Connections for clerical duties, a café and bistro for culinary activities and a Marketing and Young Adults with Potential for those 18-32 years. The aim is to promote employment, wellness, education and marketing. • <u>Tim Osborne – Stakeholder Coordinator for Valuing Mental Health</u> • Following the release of the Report a year ago, an action plan has been developed which should be released within a month, following Cabinet approval. • Goal is to act in partnership for an integrated system and build on what is in place. Enhance the role of primary health care with prevention and early intervention. • Focus on 4 population groups: children, youth and families; multiple and complex needs; indigenous and ??? •
9.	Refocus on Workplans	<ul style="list-style-type: none"> • Group activity
10	Report back to larger group	<ul style="list-style-type: none"> • Members of each working group reported on the key findings of their groups. • Invite members to have their events placed on CCAMH website. • Add sub-committee minutes to the website as well. • Use SCOPE students for environmental scan and navigation. What does system navigation look like? • Continue to determine total investment in mental health in the Calgary area, those with mental health as a primary focus. How to best use this Council to have the funding have a focus. • Do more lobbying on a federal level. Transfer payments from government must be allocated to the agencies on the ground who do the work. • Define 'Prevention' and create an awareness campaign. Or have caregiver focus.
11	Feedback and close	<ul style="list-style-type: none"> • Members are reminded to leave worksheets for compilation. • Please advise Kim or Callum if you would like to present on behalf of your organization.

Current Executive Committee Members: Kim Turgeon, Callum Ross, Joan Roy, Jody Wolfe, Laureen MacNeil, Capri Rasmussen. Membership is open to more any CCAMH member.

ACTION ITEMS

Item	Responsible	Date	Status
Simple Website Launch	Kim Turgeon	Fall 2016	Completed
Feedback Submission on Valuing Mental Health to AB Health	All members (Callum Ross)	Jul 10 th 2016	Completed
Grant Ask to the United Way for Operating/Collaboration Resources	CMHA Calgary	Jul 29 th 2016	Completed
Executive to meet to complete draft work plans based on feedback and strategic plan	CCAMH Executive	Nov 15 th 2016	Ongoing
Sharing promotional materials with networks	All members	2017	Ongoing

Next Meeting: May 5, 2017 9am-12noon

Member presentations will be made by Calgary Coalition on Supervised Consumption and Health Promotions - AHS Youth Addiction Services

Thank you to the Calgary Dream Centre for space over many years for the Addiction Sector and now the CCAMH.