

**Calgary Council Addiction and Mental Health**



Meeting Minutes: Strategic Action Plan Meeting  
All members

Date: 2016-03-9                      Time: 09:30 – 11:00am

Attendees: Kim Turgeon (Co-chair Addictions) Callum Ross (Co-chair Mental Health), Mark Olson (Communications Lead), Eve MacMillan (Secretary),

**The Strategic Action Plan will not be voted on at this meeting.**

No.	Item	Discussion
(1)	Welcome and introductions	
(2)	Introduction to CCAMH Strategic Action Plan - Callum Ross	<ul style="list-style-type: none"> <li>• Callum gave a short background summary of the CCAMH.</li> <li>• Brandy Payne, Associate Minister of Health, has a draft copy of the CCAMH Strategic Plan and is interested in the actions contained in the document. Good fit with the Alberta Mental Health Plan recently released.</li> <li>• Questions and comments:               <ul style="list-style-type: none"> <li>✚ Is harm reduction included</li> <li>✚ Discussion regarding consistency of terms (mental health and mental illness)</li> <li>✚ Use a glossary of definitions</li> <li>✚ What language do we want to use</li> <li>✚ Mental Health is general approach</li> <li>✚ AB Mental Health Report uses both mental health and mental illness; can we borrow from the report and use in CCAMH report</li> </ul> </li> </ul>

(3)	<p>CCAMH Goals – Co-chairs</p> <p><u>Goal 1:</u> Ensure that clients can find the services that they need.</p>	<ul style="list-style-type: none"> <li>• City of Calgary website launch of the Calgary Community Addiction Strategy is imminent. Nice link to the CCAMH report.</li> <li>• Collect intact and referral process? Give this to group for consideration. Use continuum of both addictions and mental health (Callum).</li> <li>• Discussion of current directories in the community.</li> </ul>
	<p><u>Goal 2:</u> Community partners work together to achieve positive outcomes for Albertans affected by mental health and /or addiction.</p>	<ul style="list-style-type: none"> <li>• Training opportunities are available</li> <li>• Celebrate success – collaborations and friendships happening in addiction and mental health community</li> <li>• Calgary Police Service want to be involved</li> <li>• Determine who are the right partners to engage</li> <li>• Other stakeholders should include client voice in meaningful way that impacts their lives not “tokenism.” Research papers available on this.</li> </ul>
	<p><u>Goal 3:</u> Develop alternate funding resources and allocation models to achieve better outcomes in the Addiction and Mental Health sector.</p>	<ul style="list-style-type: none"> <li>• Interesting to note that our scan spoke often of funding but as a group we chose not to have this as a priority.</li> <li>• 3.2 “resource sources” can this be changed, use specific language</li> <li>• Goal 3 and 5 may have cross-over potential. It is acknowledged there will be some over-lap. Working groups will flesh these out. Could be sub-points.</li> <li>• As CCAMH member it must be clear and have intent even as we describe the objective.</li> </ul>
	<p><u>Goal 4:</u> Build transparency in client information, data, and outcomes among service providers.</p>	<ul style="list-style-type: none"> <li>• 3.3 CRISM has built business case and government looks at SROI, sometime four years out.</li> <li>• GAP/MAP – CRISM – bring to council to use in arguments? Be more broad?</li> <li>• Evaluate funders and not only service providers.</li> <li>• How do we enhance utilization of our services? Not only education – many are doing this.</li> <li>• As a council will we look at overlap of resources, etc?</li> <li>• Looking for integration of Addiction and Mental Health not just working together – in goals? Working groups will consider this.</li> <li>• Evaluate funders and not only service providers.</li> <li>• Enhance utilization of our services? Not only education – many are doing this.</li> </ul>

	<u>Goal 5:</u> Reduce stigma through building awareness and understanding.	<ul style="list-style-type: none"> <li>• Speaks to education (town hall meetings)</li> <li>• Add treatment and harm reduction to heading 5.1</li> <li>• The CCAMH acronym is too close to the Toronto based CAMH</li> </ul>
(4)	Mental Health Review Report  Callum Ross	<ul style="list-style-type: none"> <li>• Dr. David Swann, Liberal Opposition, has a copy of the CCAMH draft report.</li> <li>• Noted the NDP response to the MHR appeared safe, general and question of is there a larger document? Feels good but few specifics.</li> <li>• There will be another report mid to late spring with focus on other recommendations.</li> </ul>
(5)	United Way of Calgary and Area	<ul style="list-style-type: none"> <li>• U.W. changing funding model to RFP's. CCAMH may have a strong case for funding.</li> <li>• Amount of ask would be \$50k from AHS</li> <li>• CCAMH is nimble, front-line.</li> </ul>
(6)	Code of Conduct	<ul style="list-style-type: none"> <li>• No comments.</li> </ul>
(7)	Working Groups	<p>See chart provided by Mark Olson. Thoughts?</p> <ul style="list-style-type: none"> <li>• 4 groups too many; look at intended outcomes? Overlap but a lot of work to complete.</li> <li>• How much time needed for Chairs? Hard to say. We want the administrative position to take on admin duties for the Chairs.</li> </ul>

### ACTION ITEMS

Item	Responsible	Date	Status
<ul style="list-style-type: none"> <li>• Change terminology using the AB Mental Health Review to provide consistency.</li> </ul>	<ul style="list-style-type: none"> <li>• CCAMH Executive</li> </ul>	For April meeting	
<ul style="list-style-type: none"> <li>• Contact City of Calgary to use the CCAS information.</li> </ul>	<ul style="list-style-type: none"> <li>• AHS, Bev _____</li> </ul>	March 30	
<ul style="list-style-type: none"> <li>• Executive will develop a draft continuum and email out to the members for feedback.</li> </ul>	<ul style="list-style-type: none"> <li>• Executive</li> </ul>	March 30	

<ul style="list-style-type: none"> <li>• Aventa Treatment for Women and the Distress Centre put together a directory of directories.</li> </ul>	<ul style="list-style-type: none"> <li>• Capri and Joan will forward to the Executive. The directory will be sent to members with the minutes.</li> </ul>		
<ul style="list-style-type: none"> <li>• Change 3.2 heading to be clear as an objective. This will be taken as an edit (“resource sources”) and considered.</li> <li>• Work to include “integration” in Goal 2. Suggestion - should be own heading as it is important.</li> </ul>	<ul style="list-style-type: none"> <li>• Executive</li> <li>• Executive will send out another draft of the Strategic Action Plan.</li> </ul>	Before next meeting	
<ul style="list-style-type: none"> <li>• Adopt tier approach. Would not work on medical model.</li> </ul>	<ul style="list-style-type: none"> <li>• Please clarify with Susan (AHS – Adult treatment)</li> </ul>	April meeting	
<ul style="list-style-type: none"> <li>• Proposals will be developed in the next few weeks; administration position and coffee supports.</li> <li>• Members wishing to see the proposals or offer supports</li> </ul>	<ul style="list-style-type: none"> <li>• Executive</li> <li>• Ask Executive (part of advocacy group)</li> </ul>		
<ul style="list-style-type: none"> <li>• Working groups use general meeting time for 2 hours.</li> <li>• Expectation is prior to April meeting working groups are formed.</li> </ul>	<ul style="list-style-type: none"> <li>• Members</li> <li>• Members individually inform Co-chairs</li> </ul>	April meeting Before April 19 <sup>th</sup> meeting	

NEXT CCAMH MEETING, **April 19, 2016**, THE EXECUTIVE WILL HAVE COMPLETED ITS MANDATE.

Thank you to the Calgary Dream Centre for space over many years for the Addiction Sector and now the CCAMH.